

Partnering and movement composition

The workshop focuses on movement research within a realm of innate bodily *architecture*. It is a direct continuation of the choreographic process behind *House Beating*, an installation-performance. Through a series of tasks, participants will investigates the potential of architectonic expression of the body with its functional and artistic aspects as well as the bodily experience of architecture and its potential creative outcomes.

First focus of the workshop is the physical technique and methodology. *Body Architects* will share their original eclectic approach to creating and transforming movement emerging from their ongoing practice of athletic forms (breakdance, contemporary dance, tricking, acrobatics). Following the concept of body as an organically morphing structure, the participants will have time to research shapes and transitions in accordance to architectural concepts and healthy principles. They will move across different levels of muscular tone in both static and dynamic forms, in the act of balancing physical forces. *House Beating* is rooted in contact work. The major part of the work is in close physical relation to another body. Distilled techniques of touch and sharing weight will serve as an introduction to the investigation on how multiple dancers may enter and sustain the process of fluid architectural morphing together.

Next, the participants will work with the idea of space creation with objects – long wooden piles at their disposal. In a somatic-visual way, they will research the impact they have on performative space and on the rich sensorial landscape within.

The concluding section of the workshop is choreographic composition. *Body Architects* will share tools and guide the process of creating choreographic material of <u>solo</u>, <u>contact</u> and <u>object dance</u> that will then get integrated into the *House Beating Extended* performance.